



# March 2023

## Elementary School Breakfast Menu

|  |  |  |  |  |
|--|--|--|--|--|
|  |  | <b>1</b><br><b>Breakfast Sandwich</b><br><b>Cereal Bar</b><br>100% Juice<br>1% White Milk    | <b>2</b><br><b>Breakfast Sandwich</b><br><b>Cereal Bar</b><br>100% Juice<br>1% White Milk    | <b>3</b><br><b>Breakfast Sandwich</b><br><b>Cereal Bar</b><br>100% Juice<br>1% White Milk    |
| <b>6</b><br><b>Pancakes</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk         | <b>7</b><br><b>Pancakes</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk         | <b>8</b><br><b>Pancakes</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk         | <b>9</b><br><b>Pancakes</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk         | <b>10</b><br><b>Pancakes</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk        |
| <b>13</b><br><b>French Toast</b><br><b>Poptart</b><br>100% Juice<br>1% White Milk            | <b>14</b><br><b>French Toast</b><br><b>Poptart</b><br>100% Juice<br>1% White Milk            | <b>15</b><br><b>French Toast</b><br><b>Poptart</b><br>100% Juice<br>1% White Milk            | <b>16</b><br><b>French Toast</b><br><b>Poptart</b><br>100% Juice<br>1% White Milk            | <b>17</b><br><b>French Toast</b><br><b>Poptart</b><br>100% Juice<br>1% White Milk            |
| <b>20</b><br><b>Bagel W/ Spread</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk | <b>21</b><br><b>Bagel W/ Spread</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk | <b>22</b><br><b>Bagel W/ Spread</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk | <b>23</b><br><b>Bagel W/ Spread</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk | <b>24</b><br><b>Bagel W/ Spread</b><br><b>Assorted Cereal</b><br>100% Juice<br>1% White Milk |
| <b>27</b><br><b>Mini Waffles</b><br><b>Muffin</b><br>100% Juice<br>1% White Milk             | <b>28</b><br><b>Mini Waffles</b><br><b>Muffin</b><br>100% Juice<br>1% White Milk             | <b>29</b><br><b>Mini Waffles</b><br><b>Muffin</b><br>100% Juice<br>1% White Milk             | <b>30</b><br><b>Mini Waffles</b><br><b>Muffin</b><br>100% Juice<br>1% White Milk             | <b>31</b><br><b>Mini Waffles</b><br><b>Muffin</b><br>100% Juice<br>1% White Milk             |

**Breakfast is FREE for all students.**

All Meals will be served with 4oz. of 100% fruit juice to follow USDA Guidelines for what makes a meal. **A la Carte Pricing** also available.

**Menu is subject to change.**

This institution is an equal opportunity provider.





# March 2023

## Elementary School Lunch Menu

|  |  |  |   |   |
|--|--|--|---|---|
| <b><u>Daily Vegetable</u></b><br><u>½ Cup Serving Size</u><br><b>M-Baby Carrots</b><br><b>Tues-Mixed Veg</b><br><b>W-Baked Beans</b><br><b>Th-Grape tomatoes</b><br><b>F-Sliced Cucumber</b> | <b><u>Daily Fruit</u></b><br><u>½ Cup Serving size</u><br><b>M-Apple Slices</b><br><b>Tues-Strawberry Cup</b><br><b>W-Peach Cup</b><br><b>Th-Mixed Fruit Cup</b><br><b>F-Diced Pears</b> | <b>1</b><br><b>Hotdog</b><br>Chicken nugget<br>Garden Salad<br>Muffin Pack<br>Sunbutter & Jelly<br>Choice of Milk                          | <b>2</b><br><b>Cheese Pizza</b><br>Chicken nugget<br>Garden Salad<br>Muffin Pack<br>Sunbutter & Jelly<br>Choice of Milk   | <b>3</b><br><b>Cheese &amp; Potato Pierogis</b><br>Chicken nugget<br>Garden Salad<br>Muffin Pack<br>Sunbutter & Jelly<br>Choice of Milk |
| <b>6</b><br><b>Tender, Biscuit, Fry Basket w/ Coleslaw</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk  | <b>7</b><br><b>Egg &amp; Cheese Bagel</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk   | <b>8</b><br><b>Beef &amp; Cheese Tots</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk           | <b>9</b><br><b>Cheese Pizza</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk    | <b>10</b><br><b>Chicken Cheesesteak</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk          |
| <b>13</b><br><b>Maxsticks</b><br>Chicken Nugget<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk  | <b>14</b><br><b>Cheeseburger</b><br>Chicken Nugget<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk   | <b>15</b><br><b>Chicken Parmesan Sandwich</b><br>Chicken Nugget<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk        | <b>16</b><br><b>Cheese Pizza</b><br>Chicken Nugget<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk    | <b>17</b><br><b>Grilled Cheese</b><br>Chicken Nugget<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk                |
| <b>20</b><br><b>Salisbury Steak w/Mashed pot. &amp; Green beans</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk                                   | <b>21</b><br><b>Chicken Quesadilla</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk  | <b>22</b><br><b>Belgium Waffles w/ Strawberries</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk | <b>23</b><br><b>Cheese Pizza</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk   | <b>24</b><br><b>Corndog</b><br>Popcorn Chicken<br>Garden Salad<br>Muffin Pack<br>Cheese Sandwich<br>Choice of Milk                      |
| <b>27</b><br><b>Chicken &amp; Cheese Nachos</b><br>Chicken Tender<br>Garden Salad<br>Pretzel Pack<br>Sunbutter & Jelly   | <b>28</b><br><b>Soft Shell Beef Tacos</b><br>Chicken tender<br>Garden Salad<br>Pretzel Pack<br>Sunbutter & Jelly<br>Choice of Milk   | <b>29</b><br><b>Mac &amp; Cheese</b><br>Chicken tender<br>Garden Salad<br>Pretzel Pack<br>Sunbutter & Jelly<br>Choice of Milk              | <b>30</b><br><b>Cheese Pizza</b><br>Chicken tender<br>Garden Salad<br>Pretzel Pack<br>Sunbutter & Jelly<br>Choice of Milk | <b>31</b><br><b>Chicken Alfredo</b><br>Chicken tender<br>Garden Salad<br>Pretzel Pack<br>Sunbutter & Jelly<br>Choice of Milk            |

### Lunch is available daily for all students to purchase.

All Meals will be served with 4oz vegetable, 4oz of fruit and your choice of 1% White Milk or Nonfat Chocolate Milk to follow USDA guidelines for what makes a meal.

\*Free - \$0.00, Reduced - \$0.40, Paid - \$2.80

Menu is subject to change without notice due to product availability.

### Lunch Meal Packs:

**Pretzel Pack** – Soft Baked Pretzel, Assorted Yogurt Cup, Mozzarella String Cheese, Carrot Sticks or Celery Sticks

**Muffin Pack** – Assorted Muffin, Apple Slices, Mozzarella Cheese Stick, Assorted Yogurt Cup